



VAST
virtuoso active & specialty travel

VAST RETREAT

Stowe Mountain Lodge, Stowe, Vermont

November 1-3, 2013

2013 VAST Retreat

Engage – Educate – Entertain

Stowe Mountain Lodge

November 1-3, 2013

TENTATIVE AGENDA – SUBJECT TO CHANGE

Friday – November 1

Early Afternoon

An early afternoon group transfer (tentatively 1pm) from Burlington, VT airport (BTV) to Stowe Mountain Lodge is included. We begin our Engage-Educate-Entertain theme by stopping along the way to engage in local culinary culture. A petite *Taste of Vermont* tour will stop at Ben & Jerry's, Cabot Cheese, Gold Hollow Cider Mill, Green Mountain Coffee. Away we go!

Of course, you may arrive independently – in which case, we'll see you at the Lodge.

2:00 PM 7:00 PM

Registration Desk Open at Stowe Mountain Lodge. Did you know that Stowe Mountain Lodge is the first mountain resort in the nation to earn the Audubon Green Community Award?

3:00 PM 5:00 PM

2013 VAST Retreat – Let's Get Started!

Tamarack C

Welcome & Getting Started activities. A VAST weekend is on tap, so we will set the stage for what lies ahead.

5:00 PM 6:00 PM

"Free" Time. Spa? Walk? A chat in the lobby? All of the artwork throughout the hotel is created by local artisans using local materials.



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6:00 PM	7:00 PM	Welcome Cocktail Reception <i>Sponsored by Stowe Mountain Lodge</i> <i>Tamarack Foyer</i> Expect a fun ice-breaking event as the ice chills our drinks!
7:00 PM	9:00 PM	Dinner <i>Tamarack AB</i> Savor the local cuisine of Vermont. Stowe Mountain Lodge is acclaimed for having some of the finest dining in the northeast. Boston Magazine awarded it "Best of New England."

Saturday – November 2

7:30 AM	7:00 PM	Registration Desk Open Stay tuned for a Yoga/Exercise warm-up session before breakfast, should you be interested.
8:00 AM	9:00 AM	Breakfast Buffet <i>Tamarack AB</i>
9:00 AM	12:00 PM	VAST Workshop <i>Tamarack C</i> A morning of new ideas, fresh approaches and challenges to the usual way of thinking and doing. Interactive and facilitated by Helen Nodland.
12:00 PM	1:00 PM	Lunch Buffet <i>Tamarack AB</i> Time for an informal lunch to sustain us before heading outdoors for an afternoon of adventure and networking.



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1:00 PM 5:00 PM

Interactive & Experiential Sessions

Taking place both inside and outdoors, Members & Suppliers join together in true VAST style for experiences that result in learning, laughter, and relationships. There's something to suit every VAST style and capability level. All groups will include both Members and Suppliers. Take a look at some of the options that will be available for you to select via online registration:

Smuggler's Notch Zip Line Canopy Tour	Tree Top Obstacle Course and Tree Climbing	Jefferson Fly Fishing
Furniture Making	Bingham Falls Guided Hike	Sterling Pond Guided Hike
Mt. Mansfield Ridge Line Guided Hike	Stowe Waterfall Hike	Hike and Explore Stowe Mountain
Guided Bird Watching Tour	Frisbee Golf at Trapp Family Lodge	Mountain Biking at Trapp Family Lodge
Bike the Stowe Recreation Path		

6:00 PM 7:00 PM

Free Time...perhaps visit The Hourglass Bar or The heated pool

7:00 PM 9:00 PM

Dinner

Tamarack AB

A VAST-style Gala! No gowns or tuxedos allowed!



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Sunday – November 3

7:00 AM	12:00 PM	Registration Desk Open Stay tuned for a Yoga/Exercise warm-up session before breakfast, should you be interested.
7:30 AM	8:30 AM	Breakfast Buffet <i>Tamarack AB</i>
8:30 AM	11:30 AM	<i>VAST Mart</i> <i>Tamarack C</i> One-on-One VAST Style between VAST Members & Suppliers in a rotation system – Members move to each station. A specific opportunity to share 2014 Product, Sales Strategies and Opportunities.
11:30 AM	12:00 PM	Closing <i>Tamarack C</i> <i>Engage – Educate - Entertain</i> Reflect together on what's been experienced and what lies ahead for the VAST Retreat participants.
12:00 PM		"To Go" Boxed Lunch
12:30 PM		Group Departure Transfer to Burlington (BTV)



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Attire:

All meetings and meals are resort casual. For outdoor activities, expect late fall Vermont weather.

Weather:

Who knows! Stowe late October/early November averages - Fahrenheit: High 50's, Low 20's.

Arrive Early/Stay Late:

Remember, Stowe Mountain Lodge is making 3-nights pre and 3-nights post available at the VAST group rate.